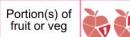
## **WEEK ONE - SPRING SUMMER**

(Ve) Vegan Option(V) Vegetarian Option

|               | Green Earth Monday                                      | Tuesday  | Wednesday   | Thursday   | Friday   |
|---------------|---|--|---|--|--|
| ST*R<br>DISH  | Mexican Vegetable<br>Quesadilla<br>with Warm Nachos (V) | Chilli Con Carne with Yucatean Rice                                | Roast Gammon with<br>Gravy & Roasties                 | Paprika Chicken & Sri<br>Lankan Dhal with<br>Steamed Mixed Rice            | Sustainably Sourced Battered Fish & Chips or Grilled Sausage & Chips |
| MEAT          | Aubergine Shawarma<br>Flatbread (Ve)                    | Chilli Sin Carne with Yucatean Rice (Ve)                           | Roast Quorn with<br>Gravy & Roasties                  | Roasted Coriander Aubergine & Sri Lankan Dahl with Steamed Mixed Rice (Ve) | Cheese & Tomato Pizza<br>& Chips                                     |
| ĞRAB<br>& GO- | Vegan Sausage Roll (Ve)                                 | Cheesy Meatball Arrabiata,<br>Grilled Italian Bread                | Pepperoni or Cheese &<br>Tomato Pizza Baguette        | Buffalo Hot Dog  | Pepperoni Pizza & Chips  |
|               | Broccoli, Baked Beans,<br>Mixed Salad, Rice             | Fajita Roasted Sweetcorn<br>& Peppers, Baked Beans,<br>Mixed Salad | Country Mixed Vegetables,<br>Baked Beans, Mixed Salad | Baked Beans, Garden<br>Salad, Sri Lankan<br>Vegetable Salad, Wedges        | Peas, Baked Beans,<br>Mixed Salad                                    |
| H∰T<br>PUDS   | Chocolate Rock Cake                                     | Jam Bun  | Iced Ginger Cake                                      | Giant Chocolate Cookie   | Lemon Curd Bun   |









## **WEEK TWO-SPRING SUMMER**

(Ve) Vegan Option(V) Vegetarian Option











| Green Earth Monday  | Tuesday  | Wednesday  | Thursday  | Friday  |
|---|--|--|---|---|
| Cheese & Tomato 'Pizza'<br>Macaroni Cheese (V)                                | Mexican Beef Rice Bowl with Crispy Baked Tortilla, Lettuce & Salsa               | Moroccan Chicken<br>Tagine<br>with Fluffy Couscous         | Korean Sweet & Sour<br>Chicken with Steamed<br>Rice             | Sustainably Sourced Battered Fish & Chips or Oven Baked Chicken Nuggets & Chips |
| Roasted Cauliflower,<br>Chickpea & Coconut<br>Curry with Steamed Rice<br>(Ve) | Mexican Quorn Rice<br>Bowl with Crispy Baked<br>Tortilla, Lettuce & Salsa<br>(V) | Moroccan Chickpea & Lemon Tagine with Fluffy Couscous (Ve) | Korean Sweet & Sour<br>Vegetables with<br>Steamed Rice (Ve)     | Cheese & Tomato Pizza<br>& Chips (V)  |
| Dirty Quorn & Cheesy<br>Bean Burger (V)                                       | Fish Finger Bap<br>with Mayo or Ketchup  | BBQ Chicken Snack<br>Wrap                                  | Veggie Breakfast Frittata<br>(V)                                | Pepperoni Pizza & Chips   |
| Baked Beans, Garden<br>Salad, Garlic Bread,<br>Green Beans                    | Baked Beans, Fajita<br>Roasted Sweetcorn &<br>Peppers, Garden Salad,<br>Coleslaw | Baked Beans, Broccoli,<br>Garden Salad                     | Baked Beans, Asian<br>Slaw, Garlic Green<br>Beans, Garden Salad | Peas, Baked Beans,<br>Mixed Salad   |
| Lemon & Blueberry Slice   | Rock Cake  | Iced Vanilla Sponge<br>with Sprinkles                      | Cornflake Cake  | Giant Chocolate Cookie  |









## **WEEK THREE - SPRING SUMMER**

(Ve) Vegan Option(V) Vegetarian Option











|   | Green Earth Monday   | Tuesday  | Wednesday  | Thursday  | Friday  |
|---|--|--|--|---|---|
|   | Spanish Omelette served<br>with Catalan Sauce &<br>Garlic Bread (V)  | Chicken & Vegetable<br>Enchilada with Warm<br>Nachos       | Penne Pasta Beef<br>Bolognese Bake                   | Japanese Chicken & Edamame Curry with Steamed Mixed Rice                              | Sustainably Sourced Battered Fish & Chips Or Oven Baked Chicken Goujons & Chips |
|   | Veggie Bolognese Pasta<br>Bake (V)                                   | Mexican Vegetable<br>Tostada<br>(Ve)                       | Mediterranean Vegetable<br>Lasagne (V)               | Japanese Roasted Aubergine, Edamame & Sweet Potato Curry with Steamed Mixed Rice (Ve) | Cheese & Tomato Pizza &<br>Chips (V)  |
| ) | Vegetable Cheeseburger (V)   | Pepperoni or Cheese &<br>Tomato Pizza Baguette             | Halal Chicken Sausage Roll                           | BBQ Veggie Melt   | Pepperoni Pizza & Chips   |
|   | Baked Beans, Garden<br>Salad, Garlic Green<br>Beans,<br>Garlic Bread | Baked Beans, Garden<br>Salad, Roasted<br>Sweetcorn, Wedges | Baked Beans, Coleslaw,<br>Garlic Bread, Garden Salad | Baked Beans, Sauté<br>Garlic Green Beans,<br>Asian Slaw                               | Peas, Baked Beans,<br>Mixed Salad   |
|   | Flapjack   | Krispy Bite  | Homemade Lemon<br>Drizzle Cake                       | Iced Orange & Ginger<br>Traybake  | Giant Vanilla Cookie  |







