

Physical Education

The PE department is keen to encourage all students to remain active throughout their time at the school (and beyond). The main aims are for students to enjoy a variety of experiences on offer and to promote a healthy and active lifestyle.

The PE programme aims to give students experiences and knowledge of a variety of physical activities that together involve teamwork, independence, creativity, problem-solving, leadership, as well as supporting physical, social and mental development. Additionally, the development of confidence, cooperation and resilience are important aspects of the PE programme.

Extra-Curricular Activities

Recreational clubs and House matches are available to all students in numerous sports both at lunchtime and after school. There is also an opportunity to represent the school in football, netball, basketball, athletics, rounders and cricket in local and county competitions.

Have a go at the word search below to find some of the sports you will be participating in:

O N Q

L L A B D N A H M

N Z E M T W Q R D H P O V

N M L T R W H N G U G Q G U O C S

S X L F G M L L A J S B R P G I U R V

P T N D Y B C D E S S C Q M I Y C Z A N Y

L I T B S E H W T B L Z R U C E G M L M F

G Z U A C A R J E I E K A K K O Q H T W V B J

L D C B D Y L N D C U A P L D X K Q V F C U Z

U X O R L W U Y V O S A L L A B T E N F G T T H T

L B D I E C A X T G P I P B A S K E T B A L L A V

S B G C T I I S P A M I M S A R V A Z U N V Y X S

S A P E S E W Y M Q X K P L Z P K Z M K A L S S I K H

M Z S B S N N D K L I P A M E T I U S S S E N T I F D

V C Y A E N K O Q C C O H I N U H A B A V Z F S J R C

E E L N I Q B C A G S D O H T E M G N I N I A R T

O E L T S I C C G E N S S Q W O H H K G P W I K N

L C Q I Y T S I N N E T T R O H S B P L L J C Z L

Q V F N M P H Z T N L S L N Z O C B X X Y Y F

P C G Z W N Q K H G Y O L S O R E B T Q M B J

B X X N W H V M F V J A E Z H X Z T F S C

W S R E D N U O R U J B I I L G U H J Q O

T X U F M O M V S B T H D B A A O J X

K B D S Q Z E Q O O J Q N G M J W

Q U R U G B Y O J P W D A

A Q P N P F R L G

P O S

- ATHLETICS**
- BASKETBALL**
- DODGEBALL**
- FITNESS CIRCUITS**
- FITNESS SUITE**
- FOOTBALL**
- HANDBALL**
- NETBALL**
- OAA**
- ROUNDERS**
- RUGBY**
- SHORT TENNIS**
- TABLE TENNIS**
- TRAINING METHODS**
- UNIHOOC**

