British Airways work experience https://careers.ba.com/work-experience

British Airline Pilots Association (BALPA) Guide to becoming a pilot. https://www.balpa.org/Becoming-a-pilot

Royal Aeronautical Society careers information https://www.careersinaerospace.com/roles/flying/

British Gliding Association https://www.gliding.co.uk

London Gliding Club, Dunstable Down About 1 hour drive from (Highams Park. https://www.londonglidingclub.co.uk

North Weald Flying Group https://northwealdflyinggroup.co.uk
Flying school and ideal for a trial flight.

Pilot Careers Live https://www.pilotcareernews.com/on-demand
This website has lots of information for anyone seriously interested in a flying career.

Leading Edge Aviation
A day in the life of different types of airline pilot.
https://leadingedgeaviation.com/commercial-pilot/

RAF Air Cadets

https://www.raf.mod.uk/aircadets/find-a-squadron/london-south-east/london-wing-hq/27f-chingford/