



DAILY VIDEO

DAY 23

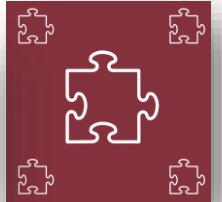
Tuesday
14th
April

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You've Got a Friend In Me - LIVE Performance by 4-year-old Claire Ryann and Dad

DAILY ACTIVITY



Day 23

Email one of your teachers to say thank you for something



An idea to check out...

... let the *Supercook.com* or the *SUPERCOOK* App decide your dinner for you – just tell it what ingredients you have left and it will come up with a recipe



DAILY QUIZ QUESTIONS

- 1) What is Dr Who's time machine called?
- 2) What colour is a giraffe's tongue?
- 3) True or false, Antarctica is a desert?



Today's Fun Fact

A Jiffy is an actual unit of time. 1 Jiffy = 1/100 of a second.



DAILY QUOTE

"A champion is defined not by their wins but by how they can recover when they fall"

Serena Williams



LIFE SKILLS & WELLBEING

WELLBEING & MINDFULNESS



Are there any parts of your body that feel relaxed?*

What sounds can you hear around you?*

(*Listen to outside the room and inside the room)



Answers to Day 22 Monday 13th April Quiz

1. Australia
2. Ben Nevis
3. Arctic, Atlantic, Indian and Pacific

Mindfulness tips:

Take five minutes out of your day to sit down in a comfortable position and think about the two questions above. Concentrate on your breathing and try to let all other stresses float away for these five minutes. Close your eyes if this helps.

Design a Brand new Pair of /boots that reflect your own identity

Make sure you find out at least the following things:

- ✓ Favourite colours
- ✓ Favourite hobbies
- ✓ How they plan to wear the boots
- ✓ Personal style towards fashion
- ✓ Favourite shoe brands

Using the outline below design them some bespoke new boots

