



DAILY VIDEO

DAY 36

Monday
27th
April

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Motivational Success Story Of Ed Sheeran - From Homeless Bullied Boy To World Best Selling Musician

DAILY ACTIVITY



Day 36

Go on YouTube and try...



An idea to check out...

... Want to bring the whole house together on



FunnyFriQuiz
22.7K subscribers

DAILY QUIZ QUESTIONS

- 1) What does the Beaufort scale measure?
- 2) On a football pitch, what stands 8 yards wide and 8 feet high?
- 3) WL Judson invented which useful object in 1891?
a) The zip b) The pencil c) The radiator

Today's Fun Fact

One tree can provide enough oxygen for 2 people to live off of for their whole lives.

DAILY QUOTE

"It is our attitude at the beginning of a difficult task which, more than anything else, will affect its successful outcome."

William James



LIFE SKILLS & WELLBEING

WELLBEING & MINDFULNESS



1. What have you learnt this week that has made you grow as a person?
2. What do you want to achieve?



Answers to Day 35 Sunday 26th April Quiz

1. Queen Victoria (81 v 70)
2. Baton or Wand
3. Brown

Mindfulness tips:

Take five minutes out of your day to sit down in a comfortable position and think about the two questions above. Concentrate on your breathing and try to let all other stresses float away for these five minutes. Close your eyes if this helps.

Colour in the Houses of Parliament with a focus on British Values and multiculturalism.
 Carefully cut around the whole building following the solid black line.
 Fold carefully across each of the dotted lines.
 Use a small amount of glue on each of the stick tabs.

