



DAILY VIDEO

DAY 48

Saturday
9th
MAY

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DISNEY'S Motivational Video

DAILY ACTIVITY



Day 48

Find a documentary on BBC iPlayer and watch it



An idea to check out...

... Go on the Parliament Education website and search up your local MP and make a fact file about them

DAILY QUIZ QUESTIONS

- 1) What is the only continent on earth where Giraffes live in the wild?
- 2) Holi is a spring religious festival. In which religion?
- 3) How many pillars of Islam are there?

Today's Fun Fact

Koalas and humans have remarkably similar fingerprints.

DAILY QUOTE

"I can do all things through Christ who strengthens me"



LIFE SKILLS & WELLBEING

Philippians 4:13

WELLBEING & MINDFULNESS



1. What new skill would you like to learn?

2. What makes you feel proud?



Mindfulness tips:

Take five minutes out of your day to sit down in a comfortable position and think about the two questions above. Concentrate on your breathing and try to let all other stresses float away for these five minutes. Close your eyes if this helps.

Answers to Day 47 Friday 8th MAY Quiz

1. Cheetah
2. Tomato
3. Aries

