



Home-Schooling Tips for Parents

Trying to do your lessons without teachers is a tricky gig for both children and parents and can feel isolating and overwhelming at times. Share these 'Tips for Parents' with your family and try and make the most of this experience

1) Children struggle to learn when they're stressed. Bear this in mind.

2) What often looks like an unwillingness to learn or sustain concentration is actually them struggling to understand something.

3) Break work and tasks into smaller chunks. Children get overwhelmed easily but don't show it. Spend a few minutes helping them to understand and plan a task to avoid them continuously asking for help.

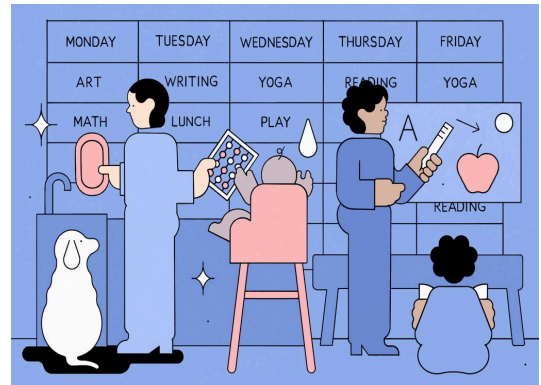
4) No matter what they say and unless told otherwise, try to stick to the school timetable. Kids like routine and a "business as usual" attitude from you will probably help reassure them.

5) Teenagers can be annoying. The best teachers I've ever worked with have impeccable poker faces. Smile at your kids a lot (not in a weird way obviously). Tell them they are doing a good job (even if they aren't) and that you are proud of the progress they are making; it makes a huge difference to them mentally and their willingness to learn.

6) Teenagers can be rude. You could be a particle physicist but at some point, in the next few weeks, a thirteen-year-old is probably going to tell you that you're an idiot because you don't know what scene Banquo's soliloquy is in. Don't take it personally.

7) Children's behaviour and attitude tends to closely reflect that of their parents.

8) Finally, you've got long enough; try to understand what makes your child tick. I learn something new from the children I teach every day. The chances are that you will as well.



More tips: www.nytimes.com/2020/03/20/parenting/home-school-coronavirus.html

Free online learning for Students:

- www.twinkl.co.uk
- www.bbc.co.uk/bitesize/levels/z4kw2hv

Free Open University courses for Parents:

www.open.edu/openlearn/free-courses/full-catalogue



Inspiring educational quotes:

When the atmosphere encourages learning, the learning is inevitable. ~ *Elizabeth Foss*

The roots of education are bitter, but the fruit is sweet. ~ *Aristotle*

Education is not the filling of a pail, but the lighting of a fire." ~ *W.B. Yeats*

Education is the passport to the future, for tomorrow belongs to those who prepare for it today.

~ *Malcolm X*