

HIGHAMS PARK SCHOOL WALK 2016

Leave school by the main entrance and turn right. Turn right into Church Ave and left along Gordon Ave. Cross Falmouth Ave, turn right and you will see **MARSHAL 1** by the side of the road. Walk towards the lake and follow the path keeping the lake immediately on your right. Towards the top of the lake turn left and go across a footbridge and then follow the stream until you get to a small bridge. Keep straight on uphill to Chingford Lane where you will see **MARSHAL 2**.

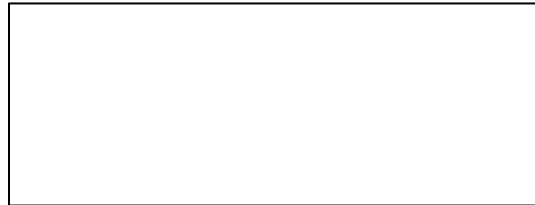
Cross the road and continue straight on for approximately 200m. Where a significant path comes across your route you will find **MARSHAL 3**. Continue straight on taking the left hand fork just after marshal 3. Follow the path. At times you will see the golf course on your right hand side. Do not enter it. Continue straight on up a slight incline until you see **MARSHAL 4** by a half cut down tree. After marshal 4 continue straight on until you see **MARSHAL 5** at Whitehall Road. Cross the road where the red "Beware Cattle" sign is.

Go straight on keeping right of the stream / hedges until you come to **MARSHAL 6**. Go straight up the hill, following a reddish track. Follow this to **CHECKPOINT A**, which is on Rangers Road. **YOU MUST HAVE YOUR NUMBER CHECKED HERE.** **MARSHAL 7** will help you cross the road.

Cross Rangers Road and continue straight on until you meet **MARSHAL 8**. At this point do not turn right to Connaught Water but continue straight on for another 250m to **MARSHAL 9**. At M9 follow the path that bends to the right through a tree lined route. Take this route. Do not take either of the paths off to the left.

Along the path you will see a sign pointing to the left to the "Holly trail". **MARSHAL 10** will be here. Do not take the path to the Holly trail but keep going straight on, which is slightly uphill. As the path starts to descend there is a left hand turn. **DO NOT TAKE THIS**. Bear right and look for a white heart spray painted onto a tree on the right hand side of the path. This is **MARSHAL 11**. Follow this path, now going slightly uphill.

At **MARSHAL 12** there are three paths off to the left in quick succession, take the second of these and then continue straight on going slightly uphill. Remain on this path until you see some white posts on your left. Follow the path that bends to your right where you will meet **MARSHAL 13**. Stay on this path that then heads uphill back into the trees. Follow this path that winds steeply uphill until you meet **MARSHAL 14** at which point you will turn right and be helped cross the road. Only cross the road at the gate.



After crossing the road go through the gate on the other side of the road and turn left. This is **MARSHAL 15**. Walk through the woods keeping the road on your left at all times. You will reach a small red brick house. Here you will join the road and meet **MARSHAL 16**.

Walk along the right hand side of the road in **SINGLE FILE**. You should be facing any oncoming traffic. **MARSHAL 17** will help you. Continue until you reach **HIGH BEECH**. **YOU MUST HAVE YOUR NUMBER CHECKED HERE**. There are some shops to buy food or drink here. This is the furthest part of your route and **CHECKPOINT B**. **YOU MUST HAVE YOUR NUMBER CHECKED HERE**

The return leg is initially the same route, back through **MARSHALS 17, 16 and 15**. Cross the road with care but this time turn immediately left staying close to but not on the road, emerging at the green café. This is **MARSHAL 18**. Continue down the hill following a long straight track until you reach **CHECKPOINT C**. **YOU MUST HAVE YOUR NUMBER CHECKED HERE**.

At Checkpoint C turn right through the trees and continue along this path until you meet **MARSHAL 19** at the top of Connaught Water. Take the right hand fork and follow the path around Connaught Water, keeping the lake immediately on your right. At the Car park for Connaught Water you will meet **MARSHAL 20**. Continue round the lake until you meet **MARSHAL 21** where you turn left and leave the lake behind you. Continue along this path until you return to **MARSHAL 8**.

Continue the way back past **MARSHAL 7** where you reach Rangers Road. Please take care when crossing this road. Pass back through **CHECKPOINT A**. You do not need to have your number checked here.

Carry on along the same path that you took on the way out taking care at the next road until you reach **MARSHAL 2**. Cross the road carefully. Re-enter the forest and follow the same route that you took at the start of the day back to the school going back past **MARSHAL 1** and back to the school for the final check point.

FINAL CHECKPOINT IN MAIN HALL (IT IS ESSENTIAL THAT YOU CHECK IN SO WE KNOW EVERYONE IS BACK)

Do not forget to:

- Get yourself booked in
- Get your certificate
- Hand in your walk card
- Collect your sponsorship money and hand it in to the FINANCE office AS SOON AS POSSIBLE

SCHOOL PHONE NUMBER: 020 8527 4051